

The Island Current

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One Dollar

Islander Suspends Campaign for City Council

By KAREN NANI



Islander John Doyle (above, right), who ran for New York City Council, during his concession speech on Sept. 20, 2017.

Despite a heavy turnout of City Island voters, Islander John Doyle was defeated in the Democratic Primary for New York City Council District 13 on Sept. 12, 2017. Following his loss to former City Island resident, Mark Gjonaj, Mr. Doyle suspended his grass roots campaign for the Bronx seat being vacated by Jimmy Vacca.

When the votes were counted across all four districts making up the 13th District, Mr. Gjonaj received 3,326 votes (39%) followed by 2,958 for Marjorie Velazquez (34%) and 1,644 for Mr. Doyle (19%). Mr. Doyle carried the coastal communities of Silver Beach, Edgewater, Country Club and City Island but fell short in the other sections of the district. More than 550 City Islanders turned out for the primary (higher than some recent mayoral elections) and overwhelmingly voted for Mr. Doyle (66%) followed by 20% for Ms. Velazquez and 13% for Mr. Gjonaj.

During his concession speech on Sept. 20 (see Letters to the Editor), Mr. Doyle told his supporters "While last week's Democratic Primary results were disappointing to us all, I will always be proud of the campaign we ran. It was focused on the issues of the day, it was substantive and it was honest."

Mr. Doyle hoped to bring a common-sense approach to the New York City Council, and his campaign theme was "Putting Neighborhoods First." He is very grateful to the many City Islanders and other Bronxites who supported his campaign with many small dollar contributions. In fact, his campaign was recognized by the NYC Campaign Finance Board for having the most small-dollar donations citywide.

On Nov. 7 in the general election, Mr. Gjonaj (pronounced "Joneye") will face Republican challenger John Cerini (see profiles in the April and July/August 2017 issues of *The Current*). Mr. Gjonaj, a member of the New York State Assembly, lived on City Island for 14 years with his wife

and two sons at Pickwick Terrace, which is owned by his family.

Both his sons attended P.S. 175, and his wife, Roberta, currently works there as the school nurse. The assemblyman joked to *The Current* in April, "I am often referred to on City Island as 'Nurse Roberta's husband.'"

Mr. Gjonaj moved his family to Morris Park after assuming his current Assembly seat in 2013. "Unfortunately, the 80th Assembly District does not include City Island. My family and I never wanted to move off City Island, and we look forward to moving back one day," he told *The Current*.

After his primary victory, Mr. Gjonaj said, "I am honored that the people of the 13th District have chosen me to fight for the Bronx and help lead the way in protecting the common-sense Democratic values that are vital in safeguarding our working and middle-class families."

He received support from a number of established politicians for championing a variety of issues, including a lawsuit against the city for "unduly burdening The Bronx with a higher level of supportive housing facilities than any other borough." In his acceptance speech, Mr. Gjonaj added, "Together, we will fight for fair share and prevent The Bronx from being the dumping ground for our City's homeless crisis."

Mr. Doyle encouraged Islanders, especially the many younger voters who cast their ballots for him, to continue to be active in the political process. "It was a sky-high turnout on City Island for a primary race. I raised many issues that resonated with Islanders, including zoning, the opioid crisis and neighborhood safety. I am confident that if we demand solutions to these issues, eventually they will come." He will continue fighting for these causes as an officer of the City Island Civic Association.

CLAMS FOR CLAM DIGGERS



Photos by RICK DEWITT and MATT PANZA

The September 2017 Arts & Crafts Fair, sponsored by the City Island Chamber of Commerce included the annual clam chowder contest in collaboration with State Senator Jeff Klein, who served as judge of the two kinds of chowder produced by Island restaurants: New England (white) and Manhattan (red). Many Islanders waited patiently in line to taste the 16 different chowders and to vote on their favorites. The people's choice for best New England chowder was from Artie's Steak and Seafood Restaurant; their choice for the Manhattan chowder came from the Harlem Yacht Club. The City Island Yacht Club's chowders took second place in both categories. Senator Klein selected the Lobster House version of the New England chowder and the Crab Shanty's Manhattan chowder. Here accepting their awards are (top photo, l. to r.) Javier Ortega, manager of the Crab Shanty; John Mandarin of the Lobster House; chef Rick Walsh and sous chef Michelle Fuentes of the City Island Yacht Club; Senator Klein; Gigi Lyons, Catherine Dellacerra, Patricia Seaman and sous chef Nelson Lopez of Artie's, with Maria Caruso, who managed the event, at the far right. Inset: Anne Booth, chef at the Harlem Yacht Club. Vendors were busy both days, including the City Island Nautical Museum (third photo). Music was provided by Skip Giacco and his band Alive 'n Kicking (bottom photo).

BRIEFLY...

WINTER CLOTHING DRIVE will be held by the Bronx Masons on Saturday, Oct. 14, at 241 City Island Avenue between the hours of 10 a.m. and 1 p.m. If possible, please put men's, women's and children's clothing into separate bags for easy distribution. All donations will be going to POTS (Part of the Solution) on Webster Avenue.

BRONX EVENTS: The following events may impact City Island: Urban Park Rangers will be giving a tour of the Landfill near the Pelham Bridge at 1 pm. on Sunday, Oct. 1; The American Cancer Society Making Strides Against Breast Cancer Walk will begin at Orchard Beach on Sunday, Oct. 15, with registration at 8 a.m. and the walk starting at 10 a.m.; The Tour de Bronx (Sunday, Oct. 22, from 8 a.m. to 5 p.m., starting at 161st Street and the Grand Concourse) will bring bicyclists to the Island; and the Friends of Pelham Bay Park will be asking for volunteers for clean-ups in the park from 10 a.m. to 2 p.m. on Sept. 30, Oct. 14 and 28, and Nov. 4. For more information, e-mail friendsofpelhambaypark@gmail.com.

PELHAM CEMETERY ASSOCIATION. The annual plot holders meeting will be held on Tuesday, Nov. 28, 2017, at 7:30 p.m. at The American Legion Hall, 550 City Island Avenue. All plot owners are invited to attend.

VETERANS PANCAKE BREAKFAST will be held from 10 a.m. to 2 p.m. on Sunday, Nov. 5, at the Leonard H. Hawkins Post, 550 City Island Avenue, sponsored by the American Legion Auxiliary Unit 156. All veterans and military families are welcome. Admission for all veterans is free; \$10 for non-veterans; \$5 for children 10 and under. For reservations, call Joanne Valletta at 646-321-8902 or 718-885-3239.

CITY ISLAND NAUTICAL MUSEUM will present a talk by James and Tommy Breen on their video and photographic coverage of the City Island Bridge project on Sunday, Oct. 22, 2017, at 3 p.m. The brothers have covered the project from the construction of the temporary bridge and the demolition of the old bridge to the construction of the soon-to-open new bridge. Admission \$10; \$5 for members. For more information or to reserve a seat, call 718-885-0507.

HAUNTED MANSION, a collaboration between Bartow-Pell Mansion Museum and the City Island Theater Group, will be open on Friday, Oct. 27, and Saturday, Oct. 28, from 7 to 10 p.m. Come, if you dare, for a Halloween scare! Watch out for spirits and other creatures as you make your way through the mansion and grounds of Bartow-Pell. Halloween treats and goodies will be available for purchase in the conservatory—if you survive! Advance tickets available at www.bpmm.org. Cost Adults \$15 Children \$10; not recommended for children under 10.

HALLOWEEN PARADE: On Oct. 31, everyone is invited to gather in Hawkins Park at 5:30 p.m.; the parade will begin at 6 p.m. The event is sponsored by the Chamber of Commerce, and prizes will be awarded for the best costumes in various categories.

A VIEW FROM A DIFFERENT BRIDGE. The cast of the City Island Theater Group's fall production of Arthur Miller's "A View From the Bridge" will present a short scene from the play at the Huntington Free Library, 9 Westchester Square on Saturday, Oct. 21, at 4 p.m. The City Island Nautical Museum, 190 Fordham Street, will be the setting for a second short scene on Saturday, Nov. 4, at 4 p.m. Both scenes will be followed by a short discussion as well as light refreshments. Admission to both events will be free.



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45 BLOTTER

Complaints reported from City Island to the 45th Precinct during August and September 2017. Unfounded complaints are not included in the list.

- 1 – ATTEMPTED ROBBERY
- 2 – MENACING
- 3 – HARASSMENT
- 2 – LEAVING THE SCENE OF AN ACCIDENT
- 1 – GRAND LARCENY AUTO
- 1 – DRIVING WITH A SUSPENDED LICENSE
- 1 – VIOLATION OF AN ORDER OF PROTECTION

Police provided details on the following arrests and incidents for the period from Aug. 7 to Sept. 19:

8/11 – At 3:45 p.m. on City Island Avenue, a female Islander reported an attempted burglary after a male broke the front window of her residence and attempted to enter without permission.

8/12 – On City Island Avenue at 10:30 p.m., an off-Islander left a parked vehicle and returned to find it stolen.

8/21 – An off-Islander male, 38, was arrested at 6:34 p.m. and charged with driving

with a suspended license.

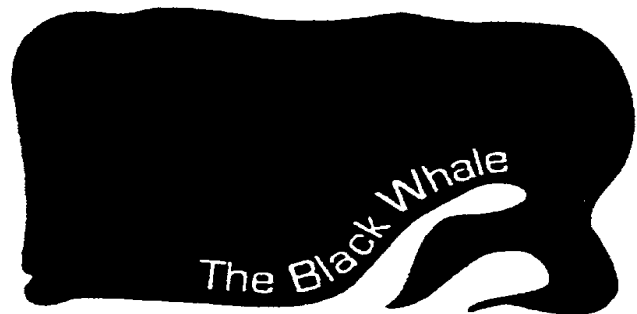
8/23 – Police from the 45th Precinct detective squad are investigating an incident of grand larceny at 3 p.m. A male Islander was contacted by phone by someone claiming to work for Con Edison. The victim provided some financial information and over \$1,000 was stolen from his account. Police warn Islanders not to give out any personal or financial information over the phone. Recent scams include calls claiming to come from the IRS and Con Edison.

8/30 – An off-Island male, 56, was arrested and charged with criminal contempt on City Island Avenue at 9:05 a.m. The defendant allegedly contacted an Island female, 53, on 8/28 in violation of an order of protection.

9/5 – Police arrested two off-Island males, 35 and 69, and charged both with menacing on City Island Avenue around 8 p.m. following a verbal dispute that escalated into threats of violence.

9/7 – An Island female reported an incident of harassment on City Island Avenue at 8 a.m. The complainant alleged that another Island female cursed at her and called her names as she was dropping her child off at school.

9/17 – At 5:45 p.m. on Minneford Avenue, a vehicle being driven by an off-Island male was struck by a black vehicle which then fled the scene of the accident.



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Changes at Pilot Cove

By BARBARA DOLENSEK

As many Island residents are aware, Virginia Gallagher has not been in her usual spot at the helm of Pilot Cove Manor since she sustained a serious injury in February. The good news is that she is recovering, but in a facility close to her family in Pennsylvania rather than on City Island. In the meantime, leadership at Pilot Cove has changed in order to keep the residence in good working order.

Since 1979, Pilot Cove has been run by the Pilot Cove Manor Housing Development Fund Company, Inc., a charitable 501(c)(3) organization, which was for many years operated by a board of directors. According to the certificate of incorporation, the board is made up of members representing certain City Island groups, including Grace Episcopal Church, which was instrumental in building the residence. Over the years St. Mary, Star of the Sea,

Trinity Methodist Church, Temple Beth-El, the City Island Civic Association, and the Chamber of Commerce sent representatives to meetings at Pilot Cove and elected officers to represent the board.

In recent years, the board has held few if any meetings, so it was decided by community members in Mrs. Gallagher's absence that the board should be reconstituted and take a more active role in running the residence. On Sept. 7, 2017, representatives of the organizations that had been traditionally on the Pilot Cove board met to elect new members to the board, which voted in new officers and updated the organization's bylaws.

Other changes at the residence have included site management, now under the supervision of James Livingston, appointed by Mrs. Gallagher to represent VMG Management, which has had a contract to manage for Pilot Cove for many years.

Post Office Not Closing

By BARBARA DOLENSEK

Although Representative Joe Crowley's office confirmed that the City Island Post Office was not closing, clerks have been asking customers to fill out an online survey praising the City Island P.O. The department is not laying off any employees, but there is a possibility that the mail carriers may be dispatched from another P.O., although residents would still be able to buy postage, send money orders, use mail boxes and so on at the existing site.

The survey can be accessed at <https://postalexperience.com/pos>, which takes a

couple of minutes to complete. Enter the zip code 10464 and the last date you visited and then acknowledge the good experience you have had there and the convenience of its location.

Mailboxes that have been removed are most likely not going to be replaced because they were underutilized, according to a spokesperson for the Representative Crowley. Some may be refitted in order to prevent criminals from fishing for mail containing checks and money orders (see article in the September issue of *The Island Current*), but the P.O. could not confirm this.



Photos by MATT PANZA

Nearly 200 people attended the annual St. Mary, Star of the Sea outdoor Mass on Saturday, Sept. 16, 2017, an end-of-summer tradition for over 35 years. The main celebrant was Father John Knapp, assisted by Father Augustus Onwubiko and Deacon Bill Mueller (top photo). At the end of the Mass, catechists who are teaching the children in the Our Lady of the Assumption/St. Mary's Religious Education program were commissioned (middle photo). Afterward, parishioners enjoyed refreshments and the beautiful sunset.



Photo by JAMES AND TOMMY BREEN

The Department of Transportation (DOT) and Tutor Perini have been making good progress with the new City Island bridge. No date has been released for the opening of the bridge to traffic, but DOT assures the community that there will be an opening ceremony, date to be determined.

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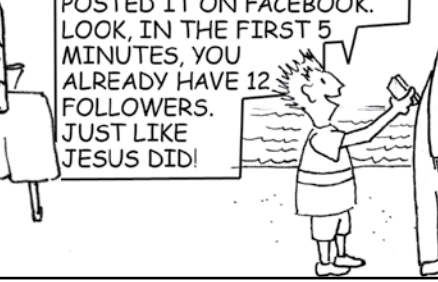

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We welcome letters and opinions. Letters longer than 250 words will be edited, with every effort made to preserve their substance. We reserve the right not to print letters that are copies, libelous, inaccurate or in bad taste, or those that cannot be verified. Include your phone number. Anonymous letters will not be printed, but names will be withheld upon request.

Amend NY's Constitution?

To the Editor:

I am writing to alert readers of *The Island Current* about an issue that will be on the New York ballot on Nov. 7. Here is the situation. Every 20 years, the law requires a vote of yes or no on the question of holding a constitutional convention to amend the state's constitution. And since 2017 is the 20th year since the last vote, I believe voters should realize that a yes vote on the issue would severely and negatively impact all city employees in terms of their individual, hard-earned pensions.

So, many thousands of city employees are at risk. I believe that it is vital to alert the public to vote no on the issue, unless, of course, you don't care whether thousands of city employees, both actively employed and retired, lose their pensions!

Nancy Derekson

Editor's note: There are many other issues at stake in regard to the issue of a constitutional convention in New York State; for a full discussion, see the New

York Times article entitled "A Constitutional Convention for New York? This May Be the Year" by Lisa Foderaro, which was published on July 5, 2017.

Withdrawing with Thanks

A copy of this letter was received by The Current.

Dear Friends,

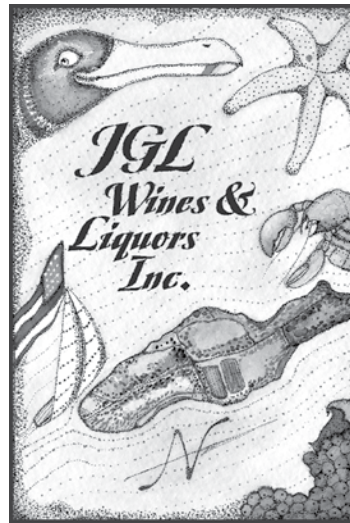
Over the weekend, after discussing our campaign with my supporters, friends and family, I have come to the decision not to continue our campaign onto the General Election. Through our grassroots efforts, we did have the Liberal Party line and matching funds that would have enabled us to run a shoe string campaign. While I'm sure it would have been a memorable experience, I came to the conclusion that it was incredibly unlikely to be successful and that I couldn't ask all of you, who have been far too generous with both your time and support, to assist in such an effort.

While last week's Democratic Primary results were disappointing to us all, I will always be proud of the campaign we ran. It was focused on the issues of the day, it was substantive and it was honest. As I've said many times, "This is the Bronx, not Candy Land!" We need elected leaders who will level with us about the challenges we face and propose real solutions, not slogans. I am confident that if we demand such solutions, eventually they will come.

I want to thank all of you- my family, my friends, our volunteers and campaign team for running such a spirited effort. My campaign centered around putting the "Neighborhood First," and in the end, it was only the people of our district that

stood beside me in that effort. I will never forget the chance so many of you took on this campaign and on me personally.

John Doyle



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LET'S GET PHYSICAL!

By KAREN NANI

The following is the latest in a series of business profiles of long-time advertisers in The Island Current.

Ten years ago, the energetic physical therapist Janine Mantzaris started treating Islanders in one room in the Community Center on Fordham Street. Today, she has her own practice, City Island Physical Therapy, at 464 City Island Avenue, and she treats more than 40 patients a day at the fully equipped facility. She even makes house calls!

Janine's journey to City Island was not typical of those who move here from other parts of New York. Janine Runions was born in Canada and received her Bachelor of Science in Physical Therapy (BScPT) from Queen's University in Kingston, Ontario. After graduation, she wanted to travel and decided to take a short-term position at the Throgs Neck Extended Care facility. "I was only supposed to stay three months, but I wound up staying three and a half years," she told *The Current*.

She met Dmitrios Mantzaris in 2001. They married and had two daughters, Eleni and Dmitria, and moved to City Island, where her children attended P.S. 175. "Both my husband and I have short commutes," she joked. Her husband is a lieutenant with the NYPD and drives less than five minutes to the Rodman's Neck Firing Range every

day. He is in charge of the Bronx INTAC training facility, which includes a simulator for training new NYPD recruits.

While raising her daughters, Janine would give free physical therapy to friends because there was no one practicing on the Island. They encouraged her to open her own practice, which she began in the Community Center in 2007. It quickly grew and she needed more room, so she wrote to Dr. Norbert Sander, who had the only medical practice on City Island. He answered quickly and invited her to use the facility at 340 City Island Avenue two days a week.

Janine's positive attitude and expertise won the respect of Islanders and others in the Bronx, so her practice grew quickly, and soon she was treating 44 patients a day. She became so busy that when Dr. Sander (who passed away in 2016) sold the practice to Montefiore in 2013, she rented a space on City Island Avenue between Beach and Bowne Streets.

City Island Physical Therapy is open mainly Tuesdays and Thursdays with a staff that includes two therapists (Janine and Brian Moynihan), two aides and an office manager. It has five therapy tables and a wide range of modalities, including low-level laser, shortwave diathermy, ultrasound, electrical stimulation, mechanical traction and a full medical gym.



Photo by KAREN NANI

Physical therapist Janine Mantzaris (right) founded City Island Physical Therapy in 2007. She is shown above with two of her staff members (Chris Pena and Brian Moynihan) at the practice's current location at 464 City Island Avenue.

"We also offer balance classes, a wellness program, personal training sessions and home visits," Janine explains. In fact, she provides home therapy with portable equipment two days a week to elderly Islanders who are unable to come to the practice. "I try to get them up and moving again after a fall or illness. I don't want

them to spend all their time indoors."

She especially loves her City Island patients, and the atmosphere at the facility often feels like a neighborhood coffee shop. This reporter recalled that when her father, Ducky Rauhauser, would go for therapy, he would enjoy meeting up with other long-time Islanders, including Russ Schaller and Ed Sadler, and they would reminisce about City Island history while receiving treatment and doing their exercises.

The indefatigable Ms. Mantzaris recently opened a second PT office in Manhattan on West 44th Street, and she also does special evaluations during her lunch hours. "These are called Access VR evaluations to assess the physical activity levels of handicapped people, such as amputees, for New York State," she explained. Once she determines how much activity a patient can handle, the state provides them with training and eventually an occupation.

To add to her list of accomplishments, Janine also mentors young Islanders who want to pursue a career in physical therapy. Longtime resident Matt Bollati worked with Janine for his 100 "observation hours" needed to apply to an accredited DPT program, and she hired him after he completed his hours. Another P.S. 175 graduate, Dani Tocci, is currently on staff at the practice. John Barry worked part time with her as a personal trainer for two to three years and then left to work full time at a PT practice in Manhattan.

When asked about her status as a longtime advertiser, Janine gave a unique perspective. "Advertising in *The Island Current* gives the practice full access to City Islanders. Everyone reads the newspaper, especially the older population, which doesn't use the Internet regularly." In addition to their display ad, City Island Physical Therapy is often featured in the "What's Going On" section of *The Current* when they add a new service or staff member to the practice.

So, if you are recovering from an illness, have back pain or have had orthopedic surgery, consider City Island Physical Therapy for your rehabilitation. The professional staff will make you feel welcome and you will meet the enthusiastic Janine Mantzaris!

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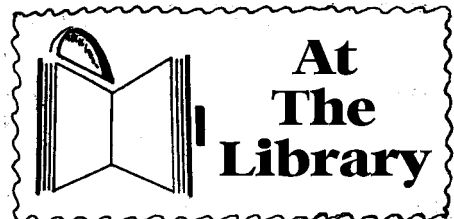
Photo by RICK DEWITT

Susan and Ron Terner celebrated the Focal Point Gallery's 43 years on City Island with an exhibition of their art, which runs through the month of October.



What's Going On In There?

An exhibition of the work of Island resident Sally Hagy-Boyer entitled "Way-point: A Stopping Place on a Journey" will be on view at the **Focal Point Gallery**, 321 City Island Avenue from Oct. 6 through Oct. 31. The exhibition will include collages, architecture, drawings, paper cuts and artist's books. The opening reception will be on Friday, Oct. 6, from 7 to 10 p.m.



PROGRAMS AT THE CITY ISLAND LIBRARY
718-885-1703

Our hours are: Monday and Thursday, 11 a.m. to 7 p.m., Tuesday and Wednesday, 11 a.m. to 6 p.m., Friday and Saturday, 10 a.m. to 5 p.m.

OCTOBER CHILDREN'S PROGRAMS

Jump, Stomp, and Clap: Elaine Gil brings an energetic music and movement experience to babies, toddlers and pre-schoolers. Monday, Oct. 16, at 11 a.m.

Lego League: Bring your imagination and join us for fun with Legos! Blocks of various sizes will be provided. Children must be accompanied by an adult. Ages 5 through 11. There is a limit of 10 children with their caregivers. Every Thursday from 3 to 4 p.m.

Circle Time: Children from birth to 3 years old and their caregivers can enjoy stories, songs and finger plays while spending time with other toddlers. Limit of 15 children with their caregivers. Every Tuesday from 11 to 11:45 a.m.

Read & Play: Children from birth to 3 years old and caregivers can take part in wonderful stories, discover amazing toys and meet new friends in this fun, informal program. Limit of 15 children with their caregivers. Every Friday from 11 to 11:30 a.m.

It's Bin Fun!: Toddlers and pre-schoolers can play and explore our various sensory bins that will encourage curiosity through touch, sight and sound! Parent and child participation required. Ages 2 through 4 years old. Every Saturday from 10 a.m. to 4 p.m.

Craft-A-Way: Drop in and participate in creating projects related to a theme or holiday. Ages 2 through 5. Friday, Oct. 13, at 11:30 a.m.

Back to School Open House: Friday, Oct. 27, at 11:30 a.m.

OCTOBER TEEN AND TWEEN PROGRAMS

Creative Carnival: Step right up to this interactive event, where you'll learn how to build popular rides and games out of Lego bricks! You'll also learn to "power up" your creations with Lego Power Functions. Wednesday, Oct. 18, and 25, at 3 p.m.

How to Haunt a House for Halloween: Learn how to make a haunted house based on Robert Friedhoffer's book in library's collection "How to Haunt a House for Halloween." Monday, Oct. 30, at 3 p.m.

After School Lounge: Come to the library after school for studying and a chance to unwind. Monday through Thursday from 3 to 4:30 p.m.

Friday Afternoon Activities: On Fridays, at 3 p.m., we plan a series of special activities to celebrate the beginning of the weekend, so check out this month's events and come hang out with us! Oct. 6: Wii and Board Games; Oct. 13: Make a Monster Bookmark; Oct. 20: Wii and Board Games; Oct. 27: Halloween Bingo.

OCTOBER ADULT PROGRAMS

City Island Scrabble Club: If you're looking for some friendly competition, then join our Scrabble Club! Come in and flex your vocabulary muscles. Note: Limited to 12 participants, registration required. Thursday, Oct. 12 and 26, at 1 p.m.

City Island Book Club: Call or stop by the branch for more information. Monday, Oct. 16 and 30, at 5 p.m.

The Island Writers: This is a group for all who are interested in writing professionally or personally. Regardless of experience level, we're here to help each other become great writers. All are welcome, so come check us out! Every Tuesday from 1 to 2:30 p.m.

One-on-One: Computer Training: Stop by or call to make an appointment for one hour of instruction that focuses on your questions and interests.

Résumé Workshop: Designed to assist in creating a new or updated résumé. Topics include cover letters and resources for job opportunities. A flash drive is required. Wednesday, Oct. 11 and 25, from 10 a.m. to 12 noon.

Thursday Writing Club: This October, the Thursday Writing Club goes to the movies! What ordinary things help to improve our writing? Reading widely, yes. Also, activating our senses and considering lessons from films. Prepare for our weekly meetings by viewing scenes from your personal favorites. Then, in our active group sessions, experience the wonder and astonishment at the creativity in your own writing. Gail Hitt leads the adventure at 5:30 p.m. No registration required. All are welcome.

Edgar Allen Poe Movie Screening: Please join us for an advance screening of "American Masters, Edgar Allan Poe:

Buried Alive" starring Denis O'Hare. The film premieres Monday, Oct. 30 at 9 p.m. on Channel 12 and nationwide on PBS. Saturday, Oct. 28, at 1 p.m.

Saturday Afternoon Movies: at 1 p.m. Oct. 7: "XXX - Return of Xander

Cage"; Oct. 14: "The Zookeeper's Wife"; Oct. 21: "La La Land".

Some programs require advance registration, which can be done in person, or by phone. All programs are free!

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Talking With Children About Natural Disasters and “The New Normal”

By JOHN SCARDINA

In the wake of Hurricanes Harvey and Irma and with a likelihood that extreme weather events will be a part of our lives from now on—we parents need to maintain open and loving conversations with our children. While there is no “wrong way” to be open and loving, here are some suggestions that might help:

- Remain available to talk about what is happening. Accept all questions, even if they are repeated over (and over!) again.

- Be honest. Give facts at an appropriate level for your child’s developmental level. Be willing to say “I don’t know,” if that is indeed the case.

- Acknowledge feelings—your own and your child’s. Natural events bring up lots of emotions for us, including fear, anger, worry, despair, hope, and that is how it should be. Talking about feelings helps everyone.

- Let your child know there are people who can help. Become people who can help. Find ways to help those in more need

than you. Helping others creates hope for all.

- Limit television viewing: vivid images can be quite disturbing and can cause long-lasting discomfort.

- Use drawing as a way to get disturbing images out of your child’s mind: have them draw the image and then rip up the picture. This works especially well with nightmares.

- Recognize that headaches, stomach aches and sleep disturbances all accompany anxiety and uncertainty. Let your child know that these are natural reactions to stress and will pass soon.

- Let your children be kids: when they are ready to just go out and play with their friends, let them do so. Help them, and yourselves, come to terms with this “new normal” in our world.

City Island resident John Scardina is a school psychologist, child development specialist and parent educator. Visit his website, www.ThinkLaughLearn.com.

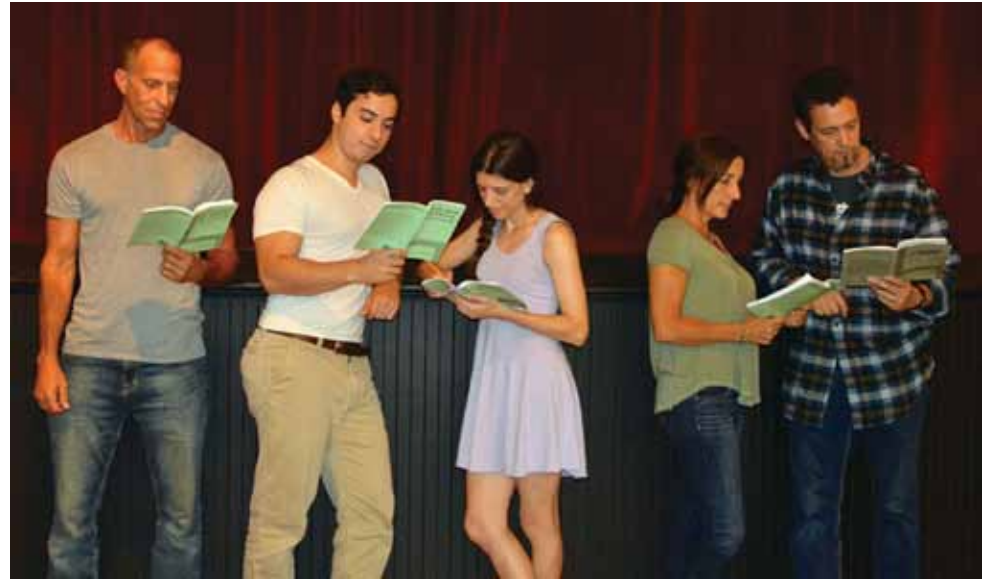
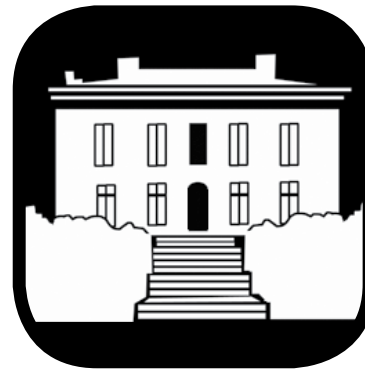


Photo by MARY McINTYRE

Members of the cast rehearse their roles for “A View from the Bridge,” to be presented by the City Island Theater Group in November (l. to r.): John Garcia, Nate Siregar, Eileen Sugameli, Franca Ritacco and Paul Naclerio.



Bartow-Pell Events

First Friday in Oct. 6, from 5:30 to 8:30 p.m. Sultry songstress Queen Esther is back for an encore performance! Come listen to her acclaimed interpretations of Billie Holiday’s rarely heard songs, together with the Jeremy Bacon trio! Enjoy the music, explore the museum and stroll the garden; light refreshments available. The trolley makes an hourly loop starting at 5:25 p.m. from the #6 Pelham Bay Park subway station to BPMM to City Island. Registration requested. Cost: BPMM Members \$5; Not-Yet BPMM Members: Adults \$15; Seniors/Students \$10.

On Saturday, Oct. 7, take part in the Fall into Fall Harvest Festival from noon to 4 p.m. Celebrate autumn in the park at the mansion! BPMM is hosting an indoor/outdoor festival of fall delights for all ages. There will be music, crafts, games and seasonal treats, including fresh cider; help harvest the season’s final bounty, ride a horse-drawn wagon and pick your own pumpkin from BPMM’s pop-up pumpkin patch. There’s something for everyone!

Tickets available at www.bpmm.org. Cost: \$8 per adult; \$6 seniors/students; children under 3 free.

Open House New York Weekend will be Saturday, Oct. 14, and Sunday, Oct. 15, from noon to 4 p.m. BPMM is excited to be participating again in this annual city-wide event. OHNY Weekend unlocks the doors of New York’s most important buildings, offering an extraordinary opportunity to experience the rich architectural heritage in all five boroughs. On both days BPMM guides will take visitors through the mansion and the carriage house, highlighting the splendid Greek Revival interiors. Cost: Free.

Bartow’s Literary Elevenses, BPMM’s historical-fiction book club will meet on Saturday, Oct. 21, from 10 to 11:30 a.m. Literature and tea blend for a savory adventure. Call BPMM for the current book being explored. Tea and light refreshments will be served; please bring a sweet or savory snack for the group to enjoy! Come be part of the fun. Registration requested. Cost: Free.

Halloween will be celebrated in style at the haunted mansion on Friday, Oct. 27, and Saturday, Oct. 28, from 7 to 10 p.m. Watch out for spirits and other creatures as you make your way through the mansion and grounds of Bartow-Pell. Halloween treats and goodies will be available for purchase in the conservatory—if you survive! This event is produced in partnership with the City Island Theater Group. Advance tickets are available at www.bpmm.org. Cost: Adults \$15, children \$10 (not recommended for children under 10). Call 718-885-1461 for information.

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Organization News

News on this page concerning organizations, and events listed in, are submitted by representatives of those organizations. A limit of 150 words is requested for all news items submitted. In most cases news will be edited and every effort will be made to preserve the substance of longer items. News and calendar events must be received by no later than the 20th of each month except December and July. If the 20th falls on a holiday or Sunday, the deadline is the 19th. Mail submissions to P.O. Box 6, City Island, NY 10464. YOUR NAME AND PHONE NUMBER MUST BE INCLUDED.

Current Calendar

OCTOBER

Sun., Oct. 1, **American Legion Pumpkin Sale.** Legion parking lot at City Island Avenue and Cross Street, 10 a.m. to 5 p.m. (Also runs on Thurs., Fri. and Sat., Sept. 28, 29 and 30).

Sat., Oct. 14, **Winter Clothing Drive,** sponsored by the Bronx Masons, 241 City Island Avenue, 10 a.m. to 1 p.m.

Tues., Oct. 24, **City Island Civic Association meets,** 7:30 p.m., Community Center, 190 Fordham Street.

Fri. and Sat., Oct. 27 and 28, **Haunted Mansion,** Bartow-Pell Mansion Museum, Shore Road, 7 to 10 p.m. Presented by the City Island Theater Group.

Sat., Oct. 28, **POTS Program,** St. Mary's Schoolyard, Minneford Avenue and Kilroe Street, drop-off between 4:30 and 5 p.m. Menu: baked ziti.

Tues., Oct. 31, **City Island Halloween Parade,** starting at Hawkins Park, 5:30 p.m.

NOVEMBER

Tues., Nov. 7, **Election Day,** P.S. 175, 200 City Island Avenue.

Sat., Nov. 18, **Chamber of Commerce Awards Dinner,** 7 to 11 p.m., Pelham/Split Rock Golf Course (see ad this issue).

American Legion Post #156

The next meeting will be Sunday, Oct. 8, at noon. Dues are past due. They are \$50 and can be dropped off at the Post.

We have space for your next party. We can accommodate up to 80 people. Members receive a discount on all hall rentals. Call Joe Goonan at 718-885-1637.

Remember to play the Queen of Hearts game each week. The weekly drawing is held at 7 p.m. on Saturday night. The jackpot grows each week until someone hits. The game is open to all. Proceeds from the game helped fund projects around the Post.

The weekend of September 29 to October 1 will be the annual Post Pumpkin Sale from 10 a.m. to 6 p.m.

Saturday, Oct. 7, will be the SAL's second annual Octoberfest from 2 to 6 p.m. in the parking lot. The rain date is Sunday, Oct. 8. The cost is \$40, which includes a \$5 50/50 ticket. The menu will include several German specials, including a roasted pig. Sign-up at the Post.

We had a wonderful Bronx County visitation on Sept. 13, which included a stop at the Post from Rena Nessler, the first female Department of New York Commander, a Navy veteran and former VA employee. Also joining the visitation was statewide Auxiliary President Patricia Hennessey and Post #156's own Bill Clancy III, who is state SAL Detachment Commander. The day included a visit to the VA Hospital on Kingsbridge Road, specifically the prosthetics unit, and to the City Island Nautical Museum. The day ended with a wonderful dinner at the Morris Yacht Club. Thanks to all who helped prepare for the dinner and accompany the dignitaries around the Bronx.

Thanks to Post/County Sergeant-at-Arms Bob Salerno, who polished the flag poles and holder at the Morris Yacht Club for the county visitation dinner.

Just a reminder. Please place your cigarette butts in the posted cans to help keep the Post clean.

Thanks to the Ladies Auxiliary and Sons of the American Legion for all their help. Unfortunately, we cannot do it all ourselves anymore.

All retired flags should be dropped off at the Post in the mailbox by the flagpole.

We are always in need of new members. The Post pays the dues of members who are

on active duty. Younger people are necessary for the continuation of the Post.

Life member Billy McGee is at home. It would be great if friends could stop by and pay him a visit.

On a positive note, we are happy to report that Past Commander General Bob Mennona is back at the Post after a recent knee replacement.

Happy 100th birthday and many more to Post Member Leo DeCristofaro. He is the oldest known member in Post history.

Thank you to the entire City Island community for all of your support over the past 98 years.

Peter C. Del-Debbio

City Island Republicans

Nicole Maliotakis was officially endorsed for mayor after the Bronx Republican County Convention on Saturday, Sept. 23. We need to work hard to elect Nicole as mayor and John Cerini for the City Council. Volunteers are needed. Please call 718-792-5800.

Fred Ramftl Jr.

City Island Indivisible

Our meetings in October will be on Tuesday, Oct. 10, at 7 p.m. and Sunday, Oct. 22, at 5 p.m. in the main room of the Community Center, 190 Fordham Street. Join other concerned citizens who are supporting progressive action on issues such as health care for all, environmental protection policies, civil rights, women's rights and reproductive health choices, voter rights, and public education. We come together to discuss actions, write letters, and work together to help find ways to preserve our democratic ideals. For more information, follow City Island Indivisible on Facebook.

Barbara Zahm

City Island Garden Club

Our fall season kicked off with Part I of a lecture series given by Daryl Beyers, who delighted the Garden Club audience with an engaging presentation on landscape design. Daryl is NYBG's Gardening Program Coordinator with over 20 years of professional landscaping experience specializing in residential garden design and development. His practical approach to residential gardening involves encouraging his audience to "go home on this beautiful day and LOOK at your property." He stressed the importance of form, simplicity, unity and making "rooms" in the landscape. He will return for the membership meeting on Oct. 2 with Part II of his Garden Design series.

The flowering plants in the planter boxes bloomed magnificently all summer, thanks to the beautification committee chaired by Kathy Gibbons who oversaw the watering and care of the planter boxes up and down the avenue. A big thanks goes to the avenue's local businesses that share with members the task of watering the planter boxes when they need it.

Now is the perfect time to consider becoming a member of the Garden Club of City Island. Join us in an exciting season of projects, presentations and field trips, such as the tour of the herb garden at the Cloisters Museum that club members enjoyed on Sept. 21. Club meetings are held the first Monday of each month (except August) at 10 a.m. at the City Island Yacht Club. The next meeting will be Monday, Oct. 2. Annual dues are \$35. Projects include holiday wreath making for local places of worship, the firehouse, the library, the Nautical Museum and the American Legion, among others. Informative presentations are put together by our program co-chair Carol Wilkinson, who also organizes day trips to nearby private and public gardens, such as the Presby Memorial Iris Gardens and the New York Botanical Garden. All meetings conclude with coffee, tea and fresh baked goods served by our Hospitality Committee



Thirteen-month-old Jefvonny Martinez from Belize will be arriving in New York for his Gift of Life heart surgery on Sept. 27. His surgery is sponsored by the Rotary Club of the Bronx.

Curious about composting? Come to the membership meeting on Monday, Dec. 4, to learn more about the new composting program introduced by the New York Department of Sanitation. A representative of the department will explain the program, whose purpose is to encourage residents to dispose of kitchen scraps and garden trimmings to that they may be composted to become "black gold." The presentation is open to anyone interested in learning more about the program, why and how it works and how to participate. The presentation will begin at 10:10 a.m. at the City Island Yacht Club. Parking is limited so please arrive early and plan to park on City Island Avenue if necessary.

Carol Hansen

The Rotary Club of the Bronx

We are pleased to announce that the Rotary Club will be sponsoring its 18th child for Gift of Life heart surgery. Jefvonny, a 13-month-old baby boy from Belize, will be arriving with his young mother, Elizabeth, on Wednesday, Sept. 27. He will be scheduled for his first doctor's visit here either on the Friday or Monday following their arrival with the surgery tentatively scheduled for a week later.

Gift of Life District 7230, Inc., has withstood significant changes in the healthcare system in recent years that have affected most of their partnering hospitals. Of the five hospitals that participated in the program (Montefiore in the Bronx was one of them), only the Maria Fareri Children's Hospital in Westchester Medical Center continues to provide services to these children.

Surgeons and their staff donate their services, but the hospital costs are \$6,500 per child. This spring, the pediatric cardiac surgeon at Maria Fareri retired, and so Jefvonny's surgery was delayed five long months until the hospital found a replacement.

Jefvonny and his mother will be staying with a host family from the White Plains Rotary Club.

The Club is hosting a "Celebration of Italy" evening at Sammy's Shrimp Box on Tuesday, Oct. 10, at 6 p.m. Everyone is invited to join us in the Italian feast provided by Sammy's with an antipasto provided by Ralph Scottino and Italian pastries provided by Jim Romeo, Mary Springman and Bea Castiglia-Catullo. Our keynote speaker, Vincent Zucchetto, will give us insights into Italian history and culture, and we will hear Italian favorites sung by City Island's own Freddie Lando. Tickets are \$45 and can be purchased at the door. However, please RSVP by Oct. 5 to Mary Springman at 914-954-4748, so that we have a head count for the restaurant.

The Rotary Club of the Bronx is turning 100! There are big plans in the works to mark our 100th year of service in the Bronx and globally. The celebration kicks off with a big gala planned on April 16, 2018, but the Club is planning many service projects in the Bronx over the duration of our 100th year, so stay tuned!

Marguerite Chadwick-Juner



Thank you Margaret Lannie from Pilot Cove for volunteering her time and talent to donate crocheted poppies to the American Legion Auxiliary Poppy Drive. A true gift from the greatest generation. Please donate and support the American Legion on Veteran's Day.

Trinity United Methodist Church

Our weekly worship service and Sunday school are at 10 a.m. Holy Communion is celebrated on the first Sunday of each month. Trinity often has a coffee hour after the service. Come and join us for worship and fellowship. Children's Sunday school takes place during the 10 a.m. service. The latest lessons have been on the Acts of the Apostles. All children are welcome to attend.

Adult Bible Study will begin Oct. 22 and continue until Nov. 19. It is led by George Cavaliere, Trinity's Lay Servant, and is held in Fellowship Hall from 11:15 to 12:30.

The study is of the New Testament, First Letter of John. Themes to be discussed, according to the subjects presented in the text, are: "the Word of Life, Eternal life, God is light, the new (yet old) commandment to love, the Antichrist, God is love, the Son of God, the true God" and other subjects as presented in the texts.

Please visit Trinity's new home on the web (www.trinityofcityisland.org), where you will find all things Trinity, including some background on Trinity's new minister, Reverend David Jolly.

The Budget Shop is open. Stop in and see what is new. Trinity is thankful for City Island's continued support, both in volunteering of time, and the generosity of the donations.

Rick DeWitt

REGULAR MEETINGS

Weekly Twelve-Step Meetings on City Island

Narcotics Anonymous:

Fridays at 7:30 p.m., St. Mary, Star of the Sea Church, City Island Avenue near the Bridge.

Thursdays at 8 p.m., Trinity United Methodist Church hall, 113 Bay Street.

Alcoholics Anonymous:

Mondays at 8 p.m., Trinity United Methodist Church hall.

Tuesdays at 8 p.m., St. Mary, Star of the Sea Church.

Wednesdays at 7:30 p.m., Grace Episcopal Church.

Saturdays and Sundays at 7:30 a.m., AA open meetings at City Island Community Center, 190 Fordham Street.

St. Mary, Star of the Sea Church: 718-885-1440

Trinity United Methodist Church: 718-885-1218

Grace Episcopal Church: 718-885-1080

Overeaters Anonymous:

Saturdays at 11 a.m., Grace Episcopal Church: 718-885-1080



For additional information about the Community Center, or if you are interested in conducting classes here please call 718-885-1145.

The CICC Membership Drive is on for 2017-18. We are grateful for the support of our members to help keep the center safe, warm and clean. You will receive a CICC flyer in your mailbox. Remember, the annual membership to the City Island Community Center is only \$30 for families and \$20 for individuals. Members can rent our "BIG" room for family events and parties at very reasonable rates. To join the Center, to request our brochure, and for up-to-date information, visit: www.cityislandcommunitycenter.org, call 718-885-1145 or like us on Facebook and check FB for any changes in classes.

The plans for the CICC Benefit are well under way; please check out the details below.

The Center is run by a volunteer board of directors, who meet on the first Tuesday of each month at 7 p.m. in the Community Center Main Room at 190 Fordham Street. All members are encouraged to attend this open meeting. We always welcome and really need volunteers and donations.

COMING EVENTS

Narcan Training: Tuesday, Oct. 24, at 8:15 p.m., right after the Civic Association meeting. Northwell Health, Doreen Gallagher Wall, RN, and Chris Hennessey bring in this excellent program and provide Narcan to participants who can rescue friends, relatives or neighbors who have overdosed. For more information, check out City Island Resolute Against Opioid Addiction on Facebook.

NEW Discussion Group: Thursday, Oct. 19, at 10:30 a.m. A non-partisan look back at U.S. history to see how it affects our politics today. Call or text Scott Meyer at 347-820-1688.

City Island Indivisible: Tuesday, Oct. 10, at 7 p.m. and Sunday, Oct. 22, at 5 p.m. Join other concerned citizens to discuss actions such as letter writing, marching and phoning that can help preserve American ideals. For more information, go to City Island Indivisible on Facebook.

CICC Benefit: Friday, Oct. 27, at 6:30 p.m. Tickets are just \$40 a person with a delicious dinner and entertainment with the amazing Freddy Lando. Desserts will be provided by the Culinary Club. Proceeds will go toward fixing up the entrance and sprucing up the art and dance rooms. For reservations, call Susan at 917-860-5306 and leave your name and number.

Craft Crop/Craft Fair and Workshop: Saturday, Oct. 21, from 10 a.m. to 6 p.m. Calling all adult crafters who like to create with card making, paper-scrapping and mixed media. Demail Handcrafts is bringing "Create Pretty Things Crops" and classes to you! A crop is a get-together for crafters to bring their projects and share ideas, play games, share snacks and win prizes with vendors and classes throughout the day. It is just \$35 for a space where vendors can sell crafts and offer classes. Individuals can come in to attend classes or to shop. For information, please contact Desiree Demail at 914-562-5857 or demailhandcrafts@aim.com.

YOUTH PROGRAMS

Art Classes for Children: Saturdays, beginning Sept. 30, from 10:30 a.m. to 12:30 p.m. Children 7 to 12 register now for this exciting art program and explore drawing, painting and sculpture. To enroll, contact Lorraine Cantori at 914-552-5268 or ceasar-dante@optonline.net.

Irish Dance for Children: Mondays, resuming Sept. 11, from 5:30 to 8:30. Register for fall. Step dancing for all ages taught by Caitlin Nora Kelly. For information, e-mail Caitlin at caitlin.nora.kelly@gmail.com or call 914-262-4517.

Introduction to Art Portfolio Prep: For high school prep or just for fun! To enroll, call Geri Smith at 718-885-1503.

Jill's Playgroup: Wednesdays 10 a.m. to 12 noon. On hold. Register for preschool children's group. Call Jill 917-330-0922 for information.

Spanish Classes for Children: Enroll for fall classes beginning now. Wednesdays and Thursdays after school and Saturdays from 11:30 a.m. to 1:30 p.m. In this educational program for children grades K-5, conversational Spanish is taught by experienced school teachers, through fun-filled activities and visits by performing artists. The Español Experience enables children who know a little Spanish to speak more fluently and introduces children who don't know any Spanish to a whole new cultural experience. For more information, call 917-889-4938 or visit www.espanolexperience.com.

ADULT PROGRAMS

Aerobics with Mary: Sunday, Monday, Wednesday and Friday, 9 to 10 a.m. Stay strong with cross fit/aerobic strength training. Call Mary Immediato at 718-885-0793. AFA Certified.

Ballroom Dance: Wednesdays, 7 p.m. Fox Trot and Tango into the fall with instructor Maurice Bonilla. It's lots of fun and soon you may be "Dancing with the Stars." For information, call 347-920-3127.

Bollywood Dance: Saturdays, Tweens, 12 and under, 2:30 p.m. Teens/Adults, 3:30. Join Lalitha Cosme to explore the dance, energy, movement and culture of India and Indian films. To register or for more information, call 646-269-2033 or e-mail lalitha-dance@gmail.com.

Chess & Card Club: Tuesday at 7 p.m.: come play cards. Wednesday at 7 p.m.: chess taught, played and discussed. All levels welcome. Come on in! Avoid TV. Have fun. If you plan to attend, call Bill at 718-541-3995.

City Island Civic Association: Meets at 7:30 p.m. on the last Tuesday of every month. Join your community in action.

City Island Community Supported Agriculture: Mondays from 5 to 6 p.m. The CSA welcomes new joiners at a discounted rate. Fresh organic fruits and vegetables will continue until Nov. 13 and will resume again next year. For information, e-mail lauren-briggsrn@gmail.com or call 917-238-0529.

City Island Culinary Club: Mondays, Oct. 9 and 23, at 7 p.m. Share recipes and have fun with other Islanders who like to cook. Pick up some new cooking skills as well. For information, call Kenny Selesky at 917-533-7873.

City Island Drawing Society: Sunday, 11 a.m. to 2 p.m. Find your inner da Vinci and enjoy the art of drawing with Joshua Glick. For information, call 917-721-1419.

Healing Service: Francesca Vitale, RPP, founder and director of The Healing Force, is a board-certified educator and practitioner in polarity/craniosacral/raindrop therapies. Formerly of the NY Open Center, Francesca is an intuitive healer and offers sessions in energy medicine that works to correct energetic imbalances and distortions which leads to clarity of mind and restored health. Partial proceeds given to the Community Center. Visit www.thehealingforce.net. For free consultation or an appointment call 914-837-6830.

Weight Watchers Meetings: Tuesday evenings from 5:30 to 6:30 p.m. with Deborah Weiss. We need a few more members to resume meetings. Trim down and be healthy with the support of a great group. Now is a good time to join. For more information, please call Emily at 718-885-2430 or Patty at 718-885-1891.

Yoga with Jo Ann: Tuesday, 7 to 8:15 p.m. and Saturday, 8 to 9:15 a.m. \$10. Gentle level-one class. Please bring a mat, a strap and if possible, a yoga blanket. For information, e-mail joannngny@aol.com or call 917-853-4719.

Yoga with Ryan: Thursdays, 7:15 to 8:30 p.m. In this class, expect a series of yoga poses with emphasis on alignment, coordinated with breath to build strength, increase flexibility and balance, and ending with deep relaxation to integrate the practice. Good for new students or students with limited experience. For information, contact Ryan at 914-356-6673 or ryangillyyoga@gmail.com.

Zumba with Julia and Lettie: Saturday, 9:30 to 11 a.m. Want to lose those extra pounds and that belly fat? Well, here is your chance. Join this high energy 90-minute workout with toning. For information, call Julia at 917-601-5514.

Zumba with Lettie: Thursday, 6 p.m. Lettie's very creative class is a real calorie burner and a blast. For information, call 917-292-4228.

Patty Grondahl

PSS City Island Center

The mission of PSS City Island Center is to provide neighborhood adults 60 and over with the tools to live life to their fullest, keeping them healthy, engaged and connected through innovative programs and classes. We are not your everyday senior center!

The center is located at 116 City Island Avenue in Grace Church Hall and is open from 9 a.m. to 3 p.m. Monday through Friday. A delicious lunch is served every day from 12 to 1 p.m. Suggested donation: \$2. Programs are funded by PSS and the NYC Department for the Aging.

All programs and events are subject to change. Please call ahead to check if you have not attended before. To receive our newsletter and calendar of events send your e-mail to pattis@pssusa.org.

Highlights

Oct. 9, Monday: Closed for Columbus Day

Oct. 13, Friday at 12:30: Housing Accommodations NYC Commission on Human Rights

Oct. 31, Tuesday at 11:30: Halloween Contest; best costume wins a Halloween gift basket; Halloween Bake Sale at 12:30.

Tentatively this month we will be having cholesterol and blood sugar testing along with shingles shots. Please check October's calendar when it is available. You can receive the monthly calendar by sending pattis@pssusa.org your e-mail address.

October Physical Exercise: The exercise program offers classes at various levels of fitness. Drop in and try one of our classes for yourself. Mondays: Tai Chi for Arthritis at 9:15 a.m.; Tuesdays: Cardio Fitness at 9:15 a.m. and Yoga Stretch at 1 p.m.; Wednesdays: Arthritis Workshop at 10:15 a.m.; Thursdays: Tai Chi for Arthritis at 9:15 a.m.; Balance Class 1 p.m.; Fridays: Fit for Life at 9:15, Yoga Stretch at 10:30. The suggested donation for the Arthritis Workshop, Yoga Stretch, Balance and Tai Chi classes is \$1 each. The suggested donation for other exercise classes is \$3 each.

October Programs: Mondays: Card Games and Canasta at 10:15; Knitting Club at 10:30 (tentative; please call ahead); Individualized Computer Instruction at 1 p.m.; Tuesdays: blood pressure monitoring from 10 to 11:30 a.m. on Oct. 10 and 24; Jam Session at 11; Crafters Corner at 1:45; Wednesdays: 1 p.m. Board Games, including Rummy Q and more; Calligraphy at 1 p.m.; Haircuts by Brenda at 1 p.m. Oct. 11 and 25; for \$10; Thursdays: Acrylic Painting at 10 a.m.; Birthday Party on Oct. 19 at 12:30 with DJ.

Information, Referrals and Assistance. Need help with filling out forms or applying for certain benefits? Don't know if you are eligible for benefits? We can help. Call Patty at 718-885-0727 or drop by the Center.

Caregivers Support. If you are caring for someone or if you know someone who is caring for another, we have some supportive services that might be helpful, including respite, escort assistance and help with shopping. Please call Patty at 718-885-0727.

Transportation Services. Off-Island shopping trips leave at 9:30 and include Shop Rite, Stop & Shop, Target, Farmers Market, Trader Joe's, Empire City and more. All shopping trips require you to sign up ahead of time as we have limited seats. Sign up is available starting the Thursday before, for the following week's trips. See our monthly calendar for specific dates. The suggested contribution for a round trip is \$1 on City Island and \$2.50 off-Island shopping trips. Anyone over 60 is encouraged to take advantage of our door-to-door transportation services. Call Roe at 347-834-6466 for pickup or trips.

Patty Attis

Sons of the American Legion Squadron #156

Dues are now past due. They are \$30. Our next meeting will be on Thursday, Oct. 5, at 7:30 p.m. Stay after the meeting for a dose of Thursday night football.

The end of year dinner was wonderful. Thank you to the Lobster Box, which helped make it a success.

New members are always welcome. If you are a male descendant, step-descendant or adopted descendant of a veteran set forth in the dates set by Congress, you can become a member. Stop by the Post to pick up an application. We will also need a copy of a DD-214 from your relative.

It's party time! When booking your next party, consider the Legion Post. Members receive a discount rate on all hall rentals.

Fred Ramftl Jr.

Grace Episcopal Church

Grace Episcopal Church, located at 116 City Island Avenue on the corner of Pilot Street, a place of worship and fellowship, warmly welcomes you to the following:

Worship Schedule: Sundays at 10 a.m. led by Father John Covington. Holy Eucharist Rite II. After the service, we offer coffee hour, a time for refreshments and fellowship. All are welcome. We now do birthday and anniversary prayers during the service and healing prayers after the service on the first Sunday of each month.

Sunday School: It's never too late (or too early) to join our enthusiastic group of children. Sunday School meets on the first and third Sundays each month and is led by Karen Nani. This month they will meet on Oct. 1 and 15, with a special "All Hallows" class on Oct. 29 (costumes welcome). The students range in age from 2 to 12 and newcomers are welcome. No extra time is needed; students will begin the service with the entire congregation at 10 a.m. and then leave with Mrs. Nani for lessons and activities, including arts and crafts, for 30 minutes during the service. They will rejoin the congregation after the exchange of peace.

Music Ministry: The Grace Tones, our music ministry, is well into its second year! Members of the church choir and singers from on and off City Island perform at area nursing homes and rehabilitation centers. In October, we will sing at United Hebrew in New Rochelle. If you'd like to join us, remember that you don't have to sing like an angel; you should just have the desire to help lift the spirits of those in need. Interested? Please call Sandy Dunn at 917-566-1296 or e-mail accentfix@gmail.com.

On Saturday, Sept. 9, at the City Island Arts & Crafts Fair, we filled two tables with cupcakes, cookies, pies, breads and brownies baked by our parishioners and friends of Grace Church. A steady stream of neighbors and visitors to the island stopped by from 11 a.m. to 7 p.m., and by day's end, not a crumb was left. Thanks to everyone who participated. We'll do it again in the spring.

Don't miss our Sidewalk Sale on Saturday, Oct. 21, from 10 a.m. to 2 p.m.

Sandy Dunn

St. Mary, Star of the Sea Church

The OLA/St. Mary, Star of the Sea Religious Education Program has begun. The new school year is off to a great start.

Our monthly Holy Hour will resume on Friday, Oct. 6, from 4 to 5 p.m. All are invited to attend this special period of prayer.

In honor of the feast of St. Francis of Assisi, we will have the Blessing of Animals on Sunday afternoon, Oct. 8, at 2 p.m. in St. Mary's schoolyard or in the school gym in case of rain.

Our coffee hour will resume in the rectory after the 9 a.m. Mass on Sunday, Oct. 8. Come enjoy light refreshments with your fellow parishioners.

St. Mary's Thrift Shop will be open on all Thursdays and Saturdays, from 10 a.m. to 3 p.m. Come look around.

Rose Dietz

Temple Beth-El

Temple Beth-El of City Island (TBE), "your shul by the sea," 480 City Island Avenue, is a stimulating non-denominational place for observance of Jewish traditions. Jewish renewal is the style of our deeply spiritual, innovative, all-inclusive and open-minded worship. Twice a month Rabbi Shohama Wiener and/or Rabbi David Evan Markus lead services with music by Your Band by the Sea. Other times services

Continued on page 15



Hidden Treasures Part 1

Cloak & Dagger (1984) stars Henry Thomas in a post-"E.T." role as David, a computer whiz with an extremely vivid imagination. When he and his best friend, Kim (Christine Nigra), fall into a real-life espionage situation, no one believes him. This actually could be a rather frightening film because David is placed in some very grave situations. However, Dabney Coleman is always at David's side as Master Sergeant Jack Flak, an imaginary friend who advises David what to do at every turn. Coleman is wonderful in this role and raises the film to adult status with his irony, wit and humor.

Running on Empty (1988) stars Judd Hirsch and Christine Lahti as Arthur and Annie Pope, a pair of '60s radicals who have evaded the FBI for 16 years after bombing a napalm laboratory as a Vietnam War protest. Their difficult lifestyle involves continually moving and establishing new identities, which is especially hard on their children, 18-year-old Danny (River Phoenix) and 10-year-old Harry (Jonas Abry). When they arrive in a New Jersey town, the high school music teacher (Ed Crowley) takes an interest in Danny's piano playing and encourages him to apply for early admission to Juilliard. Annie sees her own sacrificed dreams in her son's exceptional musical talents and wants Danny to succeed, even though this will break up the family. Further complicating matters, Danny has fallen in love with the daughter of his music teacher (Martha Plimpton) but can't allow himself to get too close to her, because he may have to leave again at any moment. How this all resolves is poignant indeed.

Grand Canyon (1991) is a film that juxtaposes the mundane events of everyday living with major incidents of the life-changing variety. Kevin Kline stars as Mack, whose marriage to Claire (Mary McDonnell) is missing something. The film is filled with miracles, including the following: Mack's life being saved by a stranger, Simon (Danny Glover); Mack's well-intentioned interfering in Simon's life by introducing him to Jane (Alfre Woodard); Mack's best friend, Davis (Steve Martin), being shot by a robber; and Claire saving the life of an abandoned infant. While society seems to be disintegrating, life can be truly wonderful if we recognize the miracles that surround us every day.

Truly, Madly, Deeply (1991) is a British version of **Ghost** (1990). It is the moving story of Nina (Juliet Stevenson), who cannot seem to recover from her grief over the death of her live-in lover, Jamie (Alan Rickman). However, one day Jamie's ghost returns to her from the other side and hangs around her house all day, eventually inviting ghost pals to join them in what turns into some rather comedic scenes. At first Nina is deliriously happy to have him back, but when she meets funny, quirky Mark (Michael Maloney), she finds she must choose between this world and the next.

Defending Your Life (1991) stars Albert Brooks as Daniel, who accidentally dies and wakes up at the way-station between earth and heaven. In this film there is no hell. One either goes to heaven or gets sent back to earth again. At the way station, he must go on trial and review his life in order to graduate to heaven. He is defended by Rip Torn and Buck Henry and "prosecuted" by Lee Grant. While there, he falls in love with Julia (Meryl Streep), who seems to have led an exemplary life.

In **Regarding Henry** (1991) Harrison Ford stars as Henry Turner, a slick, ruthless corporate attorney who is a bully to his teenage daughter, Rachel (Mikki Allen). Henry cheats on his wife, Sarah (Annette Bening), and treats everyone from the maid

to his assistant with cruel selfishness. When tragedy strikes him, Henry survives a long coma to find that he has no memory and must relearn everything from reading to tying his shoes. Henry's therapist (Bill Nunn) helps him reconnect with his family and become a much better person than he once was.

Director Terry Gilliam's **The Fisher King** (1991) stars Jeff Bridges as Jack Lucas, a totally self-absorbed, coarse-mouthed radio talk show host whose career is in ruins. He lives with Anne Napolitano (Mercedes Ruehl's Oscar-winning role), who owns a run-down neighborhood video store. While on a drunken spree, Jack is saved by Parry (Robin Williams), ironically a tragic victim of Jack's previous misbehavior. Jack tries to atone for what happened by helping Parry meet the girl of his dreams, Lydia (Amanda Plummer). We see the pain of broken people juxtaposed to their possibilities for recovery. Healing is the central theme of this film, filled with Gilliamesque, fascinating, over-the-top imagery, as well as a not-to-be missed transformation of Grand Central Station into a giant ballroom.

In Robert Altman's excellent film **The Player** (1992), Griffin Mill (Tim Robbins) is a Hollywood studio executive. His job is in jeopardy with the arrival of the very ambitious Larry Levy (Peter Gallagher), who goes to AA meetings because "that's where all the deals are made." Griffin's life is complicated by threats from a writer he ignored, David Kahane (Vincent D'Onofrio), who winds up dead. When Griffin becomes involved with David's girlfriend June (Greta Scacchi), he becomes the primary suspect of the police (including a hilarious Whoopi Goldberg). This Hollywood satire/suspense film boasts 65 cameo appearances by all of Altman's friends and an eight-minute opening scene shot in a single take.

What's Eating Gilbert Grape (1993) stars Johnny Depp in the title role as a young man who serves as breadwinner and caretaker for his mother and siblings. Momma (Darlene Cates) is a morbidly obese shut-in who hasn't left the house in seven years. Her children include retarded Arnie (Leonardo DiCaprio in a stunning screen debut), who is about to turn 18. When Becky (Juliette Lewis), a young woman who has been accompanying her grandmother on a road trip, arrives, Gilbert begins to consider his own happiness for a change.

Matinee (1993) is set in Key West during the Cuban missile crisis of 1962. It is the story of Gene Loomis (Simon Fenton), a teen-age boy who befriends a charismatic Alfred Hitchcockesque movie producer, Lawrence Woolsey (John Goodman), who specializes in gimmick-filled horror films. While Woolsey prepares to screen his latest creation in the local town with the help of his assistant (Cathy Moriarty), Gene and his girlfriend Sherry (Kellie Martin) face their very real fears of a possible war with the Russians. The juxtaposition of fantasy and reality create an intriguing story.

Lone Star (1996) is writer-director John Sayles's acclaimed drama of the investigation of a 25-year-old murder in a Texas border town. The film stars Chris Cooper as Sheriff Sam Deeds, the chief law officer of the town of Frontera. He is the son of the late Buddy Deeds (played in flashbacks by Matthew McConaughey), who succeeded the previous sheriff, vicious corrupt Charlie Wade (Kris Kristofferson). The discovery of Wade's decades-old skeleton forces Sam to investigate and come to terms with his own troubled emotions about his father and his still-lingering romantic feelings for Pilar (Elizabeth Peña), a Hispanic woman. The film addresses Pilar's difficulties as a schoolteacher, the conflict between incoming immigrants and border patrol officers, and the troubles faced by Delmore (Joe Morton), the rigid black colonel newly put in charge of the local Army base.

In **Déjà Vu** (1997) a Los Angeles store owner named Dana (Victoria Foyt) is shopping in Israel, where she has a mysterious encounter in a café with a beautiful older woman (Aviva Marks). The woman leaves behind a beautiful ruby pin which leads Dana to Paris and the White Cliffs of Dover. There she meets and falls in love with English painter, Sean (Stephen Dillane). When Dana reluctantly arrives in London to rejoin her business-partner/fiancé Alex (Michael

Brandon), she discovers that Sean is there with an unmentioned wife. This film is a contemporary version of a 1940s mystical romance, enhanced by wistful music such as the World War II ballad "The White Cliffs of Dover."

Secrets & Lies (1997) is the story of a British black optometrist, Hortense Cumberbatch (Marianne Jean-Baptiste), who upon the death of her adoptive mother, goes on a quest to find her birth mother. When she finds Cynthia (Brenda Blethyn), a lower-class white woman, race is not really the issue in this touching drama. It is more about the secrets that threaten to tear a family apart and how it is all resolved.

Smoke Signals (1998) is a dramatic feature written, directed and co-produced by Native Americans. In 1976, an infant survives a fire that kills his parents. In the present day, the infant has grown up to become a nerdy teenager Thomas (Evan Adams), who lives on Idaho's desolate Coeur d'Alene Indian reservation with his grandmother

(Monique Mojica). When stoic athlete Victor Joseph (Adam Beach) learns of the death of his father, Arnold (Gary Farmer), in Phoenix, Thomas offers to pay for the trip if he can accompany Victor. The odd pair travel by bus to Arnold's small trailer in the desert. There they meet Arnold's friend Suzy Song (Irene Bedard), who provides unsettling truths about him.

Set in 16th-century Venice, **Dangerous Beauty** (1998) is the story of beautiful Veronica Franco (Catherine McCormack), who has been trained by her mother, Paola (the stunning Jacqueline Bisset), to take her place as Venice's premiere courtesan. Veronica is in love with Marco Venier (Rufus Sewell), whose parents forbid their marriage. Oliver Platt appears as Maffio Venier, who gets into a memorable dueling match with Veronica in which poetry is substituted for swords. When Veronica is accused of witchcraft by Vatican emissaries, support comes from unexpected places.

And until next time, happy viewing. . .




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Robert A. King, Architect
Teddy Pryor, Attorney

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*Saturday, November 18th*  
*Pelham Split Rock Golf Course*  
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*Cocktails 7 PM - Awards 8 PM*  
*Dinner 8:30 PM*  
*\$85 Per Person RSVP By Oct. 31st*  
*Reservations: 718-885-9100*





# SCHOOL NEWS

2+2=4

By VIRGINIA DANNEGGER

## Public School 175

Principal Amy Lipson welcomes the following faculty members for the 2017-2018 school year to teach the 333 enthusiastic students. Ms. Bellon is teaching

kindergarten; first grade will have Ms. Kaufman and Mrs. Cambria; the second-graders are being taught by Ms. Carter-Spencer, Ms. Whelan and Mrs. Mazzella; and the third grade will have Ms. Schenk, Ms. Grundman, and Ms. Connolly. Teachers for the fourth and fifth grades are Ms. Ramos, Ms. Montenare, Ms. Lawless and Ms. Mazza. Middle school teachers are Ms. Stabile, Ms. Minor, Mr. Daley, Ms. Hinkley, Ms. Heil, Ms. Adesso and Ms. Shea.

The physical education department is run by Mr. Sabatello, and the computer technology department is headed by Ms. Chi. The parent coordinator is Mrs. Gisante, and the school nurse is Mrs. Gjonaj.

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# IN THE GARDEN

By MARY COLBY

## Not to Worry

A series of calamities this summer—including a fall when I broke my stinkin' foot—put me out of commission and out of the garden. Yet something good came out of it, a new-found appreciation for weeds. Hard as it was to stay my hand, I just let the garden be, and one day as I lay in the grass, my eye fell on weeds that mimicked miniature palms and willows. They were elegant, a revelation.

Suddenly I recalled years ago when my dear friend Carol noticed that I had weeded her front garden. She was so furious that she even wrote me a letter of admonition. Carol loved her weeds and nameless flowers, especially their impulse to grow wild. Was Carol on to something? Was she trying to give me a cure for worry? I had already tried yoga, meditation, Jungian analysis and reciting the Bhagavad Gita. Could resistance to pluck, pull, pinch and eradicate be a cure for this condition?

Outside my window is a tree. When I first moved in 30 years ago, this copper beech was one-third of its present size. I agonized for decades that it would blot out my view of Long Island Sound, and so it has. Now, after all that time spent ruminating over the problem, I find that I enjoy the tree, how its limbs spread out with grace and how its crown forms a perfect dome against a violet evening sky. I have fretted that the soil wasn't rich enough, yet plants I love have flourished in sand. Bulbs were late getting into the ground, yet the soil was workable until mid-December.

So I've decided just to stop worrying. It keeps one in the future and that is as deadly as lingering in the past. So today without another thought for these things, I have painted this tree in a violet sky.

Seeds land where they will and grow. It is our choice to remove them or let them flourish, but not thinking about them is freeing. Maybe Carol was telling me to let go and revel in a garden's shagginess, which can lend age, charm and even mys-



Photo by MARY COLBY

## Beloved weeds

tery.

So here are some weeds I feel a welcome affection for. The plantain flower so close upon itself is like a well-made spear. The dandelions are cheerful and perfect, with rays like the sun. Linaria with its flower of butter and egg coloring and pokeberries with juicy purple fruits that the birds seem to crave. Clover, the forage for bees, and garlic mustard, which is peppery green and good to eat. Remember the violets that speckle the lawn and wild achillea that dot the fields slumbering in the moonlight. Their seeds are carried underfoot, on the wing, and down wind. It would be a fool's errand to distinguish which are weeds and which are not.

The garden is a universe, a world, and I am my garden. I can't wait to get back to it, weeds and all.

Mary Colby is an artist and gardener whose studio is at 276 City Island Avenue. She can be reached at 917-804-4509 for consultation and design. www.theartistgardener.com.

Fun!

Safe!

# CITY ISLAND JUNIOR SAILING

Boating Instruction for children 8-16: Learn to sail on our Optis and 420s. Also kayaking and paddle boarding. Program certified by US Sailing, the national organization of sailing.

## 2018 Session Dates

|                                 |                  |
|---------------------------------|------------------|
| Session I (Intro & Race Clinic) | June 26 - 29     |
| Session II                      | July 2 - July 20 |
| Session III                     | July 23 - Aug 10 |

## Contact Us

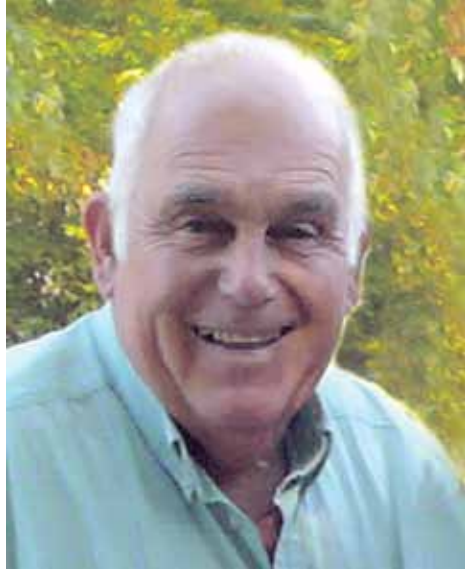
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Open House at City Island Yacht Club  
63 Pilot St. City Island, NY • October 8, 2017 12-3pm



## Obituaries

The Current will print obituaries free of charge upon notification by a member of the deceased's immediate family. Call 718-885-0760 or write to P.O. Box 6, City Island, NY 10464, including your telephone number.



### Joseph Alan Theriault

Joseph Theriault (known to all as Joe), a long-time partner of Island resident Dottie Payne, died on Aug. 27, 2017, at the age of 83.

He was born in 1934 to Angus and Anna (Bianca) Theriault.

Joe was proprietor of Angus Theriault & Sons Roofing and an enthusiastic horseman.

He was predeceased by his wife, Delores (Miller) Theriault, who passed away in 1999 and is survived by his children, Allison Cacciola (Carl), Patricia Theriault and JoAnn O'Brien; his sister, Ruth DiGiaco, and his brother, Arthur Theriault, along with five grandchildren and five great-grandchildren.

### Edward Allcard

Edward Allcard, whose famous transatlantic voyage from Gibraltar on a 34-foot yawl ended on City Island on Aug. 9, 1949, died on July 28 in Andorra, a principality in the Pyrenees Mountains, where he



Photo by MORRIS ROSENFELD  
Edward Allcard with CI schoolchildren.

lived. He was 102 years old.

He was born on Oct. 31, 1914, in Walton-on-Thames, a suburb of London, and as a child determined to sail alone across the Atlantic Ocean to America. He graduated from Eton College and later as a student at Chillon College, on Lake Geneva, was coxswain to a winning racing boat.

After apprenticeships in shipbuilding yards, Allcard became a naval architect. Poor eyesight disqualified him from serving in the Royal Navy during the Second World War, when he worked in the Air Ministry. He began his seafaring life after the war and earned a living over the years as a writer, charter skipper and rehabilitator of old wooden boats.

In 1948 he set off on *Temptress* (built in 1910) and became the first person to sail both ways across the Atlantic single-handedly (except for a brief period when a young woman stowed away on his return to England). He also sailed around the world on his own.

He sailed first from England to Gibraltar, Spain, and spent the winter making repairs to the boat before leaving for America. On the way, a storm sent water pouring into the boat. The crossing took 81 days through numerous storms and run-ins

with a whale and some sharks.

After his arrival on City Island, he was greeted by a class of schoolchildren, including Edith Frapwell, granddaughter of the photographer Morris Rosenfeld, who took this picture.

Mr. Allcard stayed in the United States for about a year as he made more repairs on *Temptress*. On his lengthy return to England, he wrote in his log: "Hurricane. Impossible to differentiate between wind and water 60 feet high. Boat vibrating on beam ends rolled over 100 degrees."

The success of Allcard's first trip across the Atlantic was recounted in his book "Single-Handed Passage," which is available in hardcover from Amazon. As he cast off his lines in Gibraltar, he wrote: "My last line with the shore was severed—at least for the rest of the summer and possibly for all time. Only the final reckoning would prevent me from reaching the other side of the Atlantic."



From EDWARD D. HEBEN, C.P.A.

### Ten Key Tax Facts About Home Sales

In most cases, gains from sales are taxable. But did you know that if you sell your home, you may not have to pay taxes? Here are ten facts to keep in mind if you sell your home this year.

**1. Exclusion of Gain.** You may be able to exclude part or all of the gain from the sale of your home. This rule may apply if you meet the eligibility test. Parts of the test involve your ownership and use of the home. You must have owned and used it as your main home for at least two out of the five years before the date of sale.

**2. Exceptions May Apply.** There are exceptions to the ownership, use and other rules. One exception applies to persons with a disability. Another applies to certain members of the military. That rule includes certain government and Peace Corps workers. For more information about these exceptions, please call the office.

**3. Exclusion Limit.** The most gain you can exclude from tax is \$250,000. This limit is \$500,000 for joint returns. The Net Investment Income Tax will not apply to the excluded gain.

**4. May Not Need to Report Sale.** If the gain is not taxable, you may not need to report the sale to the IRS on your tax return.

**5. When You Must Report the Sale.** You must report the sale on your tax return if you can't exclude all or part of the gain. You must report the sale if you choose not to claim the exclusion. That's also true if you get Form 1099-S, "Proceeds from Real Estate Transactions."

**6. Exclusion Frequency Limit.** Generally, you may exclude the gain from the sale of your main home only once every two years. Some exceptions may apply to this rule.

**7. Only a Main Home Qualifies.** If you own more than one home, you may only exclude the gain on the sale of your main home. Your main home usually is the home that you live in most of the time.

**8. First-time Homebuyer Credit.** If you claimed the first-time homebuyer credit when you bought the home, special rules apply to the sale. For more on those rules, please call.

**9. Home Sold at a Loss.** If you sell your main home at a loss, you can't deduct the loss on your tax return.

**10. Report Your Address Change.** After you sell your home and move, update your address with the IRS. To do this, file Form 8822, "Change of Address." You can find the address to send it to in the form's instructions on page 2. If you purchase health insurance through the Health Insurance Marketplace, you should also notify the Marketplace when you move out of the area covered by your current Marketplace plan.

*Cormac McEnery, Esq.*

*Kerry A. Dinneen, Esq.*

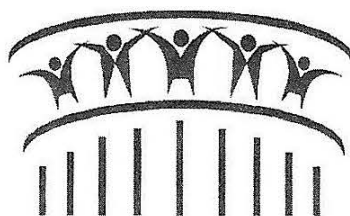
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**CITY ISLAND, NEW YORK**  
Times and heights of high and low water (Daylight Saving Time)  
Heights in feet above soundings printed on charts of water adjacent to City Island. Times shown are nautical times. For times on the table beginning with 1300, subtract 1200 to get ordinary PM time (e.g., 1625 - 1200 = 4:25 P.M.). Times less than 1200 are A.M. times (e.g., 1154 = 11:54 A.M.).  
HH = hours; MM = minutes Tide chart by Tom Smith

| OCTOBER 2017  |       |        |       |        |       |        |       |        |        |
|---------------|-------|--------|-------|--------|-------|--------|-------|--------|--------|
| DAY           | TIME  | HEIGHT | TIME  | HEIGHT | TIME  | HEIGHT | TIME  | HEIGHT | DAY    |
|               | HH MM | FEET   | HH MM | FEET   | HH MM | FEET   | HH MM | FEET   |        |
| 01 Sun        | 0302  | 1.36   | 0917  | 7.23   | 1509  | 1.45   | 2126  | 7.38   | Sun 01 |
| 02 Mon        | 0344  | 1.02   | 0953  | 7.54   | 1555  | 0.99   | 2157  | 7.65   | Mon 02 |
| 03 Tue        | 0419  | 0.66   | 1018  | 7.87   | 1635  | 0.50   | 2227  | 7.91   | Tue 03 |
| 04 Wed        | 0451  | 0.28   | 1044  | 8.24   | 1713  | 0.02   | 2302  | 8.15   | Wed 04 |
| 05 Thu        | 0525  | -0.05  | 1119  | 8.58   | 1753  | -0.37  | 2342  | 8.32   | Thu 05 |
| 06 Fri        | 0603  | -0.30  | 1158  | 8.84   | 1834  | -0.64  |       |        | Fri 06 |
| 07 Sat        | 0024  | 8.37   | 0643  | -0.41  | 1241  | 8.97   | 1918  | -0.72  | Sat 07 |
| 08 Sun        | 0110  | 8.29   | 0727  | -0.35  | 1326  | 8.93   | 2006  | -0.62  | Sun 08 |
| 09 Mon        | 0158  | 8.06   | 0814  | -0.12  | 1415  | 8.71   | 2059  | -0.34  | Mon 09 |
| 10 Tue        | 0251  | 7.73   | 0907  | 0.24   | 1508  | 8.34   | 2204  | 0.04   | Tue 10 |
| 11 Wed        | 0351  | 7.36   | 1008  | 0.67   | 1609  | 7.89   | 2334  | 0.37   | Wed 11 |
| 12 Thu        | 0509  | 7.05   | 1142  | 1.00   | 1729  | 7.49   |       |        | Thu 12 |
| 13 Fri        | 0057  | 0.45   | 0656  | 7.06   | 1321  | 0.95   | 1923  | 7.43   | Fri 13 |
| 14 Sat        | 0206  | 0.33   | 0808  | 7.35   | 1431  | 0.62   | 2036  | 7.63   | Sat 14 |
| 15 Sun        | 0306  | 0.10   | 0908  | 7.73   | 1531  | 0.18   | 2135  | 7.88   | Sun 15 |
| 16 Mon        | 0400  | -0.14  | 1001  | 8.08   | 1626  | -0.23  | 2227  | 8.06   | Mon 16 |
| 17 Tue        | 0450  | -0.31  | 1049  | 8.33   | 1715  | -0.53  | 2315  | 8.14   | Tue 17 |
| 18 Wed        | 0536  | -0.35  | 1133  | 8.45   | 1801  | -0.67  | 2359  | 8.10   | Wed 18 |
| 19 Thu        | 0619  | -0.26  | 1214  | 8.43   | 1845  | -0.64  |       |        | Thu 19 |
| 20 Fri        | 0041  | 7.96   | 0658  | -0.05  | 1252  | 8.30   | 1925  | -0.44  | Fri 20 |
| 21 Sat        | 0119  | 7.74   | 0731  | 0.25   | 1325  | 8.09   | 2001  | -0.14  | Sat 21 |
| 22 Sun        | 0155  | 7.48   | 0753  | 0.58   | 1349  | 7.85   | 2032  | 0.23   | Sun 22 |
| 23 Mon        | 0225  | 7.23   | 0800  | 0.84   | 1410  | 7.64   | 2045  | 0.57   | Mon 23 |
| 24 Tue        | 0249  | 7.03   | 0829  | 1.06   | 1440  | 7.45   | 2106  | 0.84   | Tue 24 |
| 25 Wed        | 0320  | 6.88   | 0908  | 1.30   | 1519  | 7.27   | 2144  | 1.09   | Wed 25 |
| 26 Thu        | 0400  | 6.76   | 0955  | 1.52   | 1604  | 7.10   | 2231  | 1.29   | Thu 26 |
| 27 Fri        | 0449  | 6.71   | 1046  | 1.69   | 1655  | 6.96   | 2323  | 1.41   | Fri 27 |
| 28 Sat        | 0545  | 6.75   | 1144  | 1.74   | 1753  | 6.90   |       |        | Sat 28 |
| 29 Sun        | 0022  | 1.39   | 0648  | 6.91   | 1249  | 1.60   | 1856  | 6.96   | Sun 29 |
| 30 Mon        | 0124  | 1.22   | 0747  | 7.20   | 1359  | 1.26   | 1959  | 7.14   | Mon 30 |
| 31 Tue        | 0225  | 0.90   | 0836  | 7.58   | 1504  | 0.76   | 2055  | 7.41   | Tue 31 |
| NOVEMBER 2017 |       |        |       |        |       |        |       |        |        |
| 01 Wed        | 0317  | 0.51   | 0921  | 8.00   | 1558  | 0.20   | 2146  | 7.69   | Wed 01 |
| 02 Thu        | 0404  | 0.10   | 1004  | 8.41   | 1647  | -0.34  | 2232  | 7.93   | Thu 02 |
| 03 Fri        | 0450  | -0.25  | 1048  | 8.76   | 1734  | -0.76  | 2319  | 8.10   | Fri 03 |
| 04 Sat        | 0536  | -0.49  | 1133  | 8.99   | 1821  | -1.03  |       |        | Sat 04 |



**Hawk Watching on City Island**

September is one of the best times of the year for watching raptors migrate. There are some well-known vantage points in our area. Others are not so well known. The Orchard Beach parking lot, for example. When the winds are from the northwest, veteran birders have counted hundreds of migrating hawks and falcons in a single afternoon. When the winds are from the northeast, however, that's a different story altogether.

It was a steady but relatively light northeast wind that blew early in September as we took our morning coffee overlooking Eastchester Bay. We casually noted the few gulls and cormorants on the water when our attention was arrested by the giant wingspan circling above on a thermal. For some, the effortless way it glided, with its wings straight across, perpendicular to its body, would have been all that was needed for identification. For us, though, it was the dark body and bright white head that gave it away as a bald eagle.

It wasn't the only bald eagle we saw that morning. There was at least one other,

a juvenile. Not long after spotting the first, we were treated to kettle after kettle of broadwing hawks as they headed south for their winter homes. In all, we counted about 30. There were the resident osprey, of course, and another 10 or so hawks (or were they falcons?) that were too high for us to identify, except to say that they too were migrating raptors. All in all it was a spectacular day, made all the more so by the fact that it was enjoyed from the comfort of our own backyard.

For about as close a look at a raptor as you can get in these parts, head over to State Line Park. It's on the Jersey side of the Hudson River, on the Palisades, at about the point where New Jersey becomes New York. There you will be treated not only to close-up looks at turkey and black vultures; peregrine falcons; broadwing, cooper and sharp-shinned hawks; bald eagles and more, but you will be joined by friendly, experienced birders who go out of their way to make your time at State Line pleasant and productive.

State Line is an official Hawk Watch site, which means that there are specific people tasked with reporting daily findings at the site to the Hawk Migration Association of North America. Data that is collected is then used for conservation purposes. There are two other nearby Hawk Watch sites, one in Greenwich, CT, and the other on Fire Island. Of course, the granddaddy of them all, at least in our neck of the woods, is down in Cape May. If you have even the most fleeting of interests in hawk watching and/or birding in general, we encourage you to pay a visit to the Observatory in Cape May. It's certainly not as convenient as counting hawks on City Island, but you will not be disappointed, we promise, especially during the fall and spring migrations.

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**ART PRINTS OF CITY ISLAND BRIDGE** by Island artist Marguerite Chadwick-Juner are available at: [marguerite-chadwickjuner.pixels.com](http://marguerite-chadwickjuner.pixels.com). Seasonal panoramic views of the bridge as well as iconic portions of the bridge can be purchased as prints on archival paper, aluminum, acrylic and canvas, but here you can purchase the images on iPhone and Galaxy cases, pillows, duvet covers, tote bags, and t-shirts! Show your bridge love!

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**TOO BUSY? NO TIME TO CLEAN?** Call Margaret for all your cleaning needs. City Island references available. Call 917-287-1132.

**WHY NOT GIVE YOUR CHILD THE GIFT OF EXPERTISE?** As an experienced child development specialist/certified school psychologist/parent educator who has worked in schools for forty years, I will help you unlock the potential inside your student and yourself and develop a plan for success at home and in school. ADHD coaching, consultations for learning disabilities and parent education provided right here on City Island- you can walk to my home office! Visit [www.ThinkLaughLearn.com](http://www.ThinkLaughLearn.com) for details or call John Scardina 718-885-9305.

**CITY ISLAND SOUVENIRS:** Sweatshirts (children's and adult), T-shirts, mugs, postcards, bumper stickers @ Kaleidoscope Gallery. 280 City Island Avenue, 718-885-3090. [www.kaleidoscope280.com](http://www.kaleidoscope280.com).

**RESUMES WRITTEN, EDITED, LAID OUT** from actors to lawyers. Concise professional, superior. Get to the next level. Call Katie 646-309-7850.

**FOR SALE:** Four bedroom house on Earley Street, large living room, dining room, eat in kitchen, one car garage, beach access and street association. Call Kevin 845-216-0705.

**WANTED:** Studio apartment for former City Islander. Please call 845-807-9068 or 845-252-3047, ask for Fran.

**FINE ART PORTRAITS:** Studio on City Island. More than 40 years of photographic experience. Call Ron Terner at 718-885-1403.

**PASSPORT PHOTOS** taken at Focal Point Gallery, 321 City Island Avenue. Call Ron at 718-885-1403.

**OFFICE SPACE FOR RENT:** New Commercial building centrally located on City Island with office and warehouse spaces available for rent. Please call 914-760-1106.

**JEWELRY REPAIRED & DESIGNED:** Cash for gold, watch batteries, engraved gifts, artwork, toys & housewares. Kaleidoscope Gallery, 280 City Island Avenue, 718-885-3090. [www.kaleidoscope280.com](http://www.kaleidoscope280.com).

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# Organization News

Continued from page 9

are led by congregants in a joyful celebratory manner. Events begin promptly, so please come 15 minutes before listed times. Services are followed by a celebratory Oneg, refreshments. Reminder: for the health and comfort of all, please refrain from wearing perfume or cologne. We look forward to seeing you at our services.

Temple Services are held on Friday evenings from 7:30 to 9:30 p.m., with music by Your Band by the Sea:

- Oct. 6: Congregation-led
- Oct. 13: Shabbat Simchat Torah, clergy led
- Oct. 20: Congregation-led
- Oct. 27: Clergy-led

Holiday Preparation and Celebrations:  
 Oct. 1, Sunday, from 11 a.m. to 2 p.m. Please join us build our sukkah.

Oct. 4, Wednesday: The sukkah will open at sunset for your dwelling and dining delight.

Oct. 6, Shabbat: Oneg will be in the sukkah.

Oct. 8, Sunday, from 6 to 9 p.m. Please join Rabbi Shohama and us for a joyous, musical Sukkot Potluck Dinner in our beautiful sukkah. Pareve (vegetarian or fish) and dairy foods are welcome. No meat. Dress in layers for autumn weather. Please contact Jodie Sadovsky to coordinate what you are bringing or e-mail us at [yourshulbythesea@gmail.com](mailto:yourshulbythesea@gmail.com)

Oct. 13: From 7:30 p.m. to 10 p.m. we will have a joint Shabbat and Simchat Torah service. Come pray and dance with us as we celebrate our precious Torah.

Adult Education: Rabbi David will lead a four-session series on Jewish Angelology this winter, and another four-session series will follow in spring on Jewish ethics and Pirkei Avot. See website for details: [www.yourshulbythesea.org](http://www.yourshulbythesea.org).

TBE invites the City Island community for our yoga class, Monday evenings from 7:30 to 9:30 p.m. with Daniella Haney (Patresha Sat Inder Kaur), a certified instructor in spiritual disciplines of breath and body. Suitable for all persons, ages, body types and experience levels. Dress in loose-fitting clothes; participants can take session on the ground (mats and pillows provided) or sit in a chair. Tea and cookies are served after sessions. Suggested free-will offering \$10 per session. RSVP to Daniella at [kycnyc@aol.com](mailto:kycnyc@aol.com).

Oneg sponsorships: Special events to honor others or celebrate your own special occasion can be a joyful moving community celebration. To sponsor an oneg or for more information, please contact Violet Smith at 718-885-0978 or at [violetsmi@aol.com](mailto:violetsmi@aol.com).

For additional information, check out our website at [www.yourshulbythesea.org](http://www.yourshulbythesea.org).  
**Dr. Ellen Ruth Topol**

## St. Mary's Thrift Shop

We're back! Come and view our fall and winter collection. Open Thursdays and Saturdays from 10 a.m. to 3 p.m. Hope to see you soon.

**Arlene Byrne**

## City Island Theater Group

We are pleased to produce Arthur Miller's "A View From the Bridge" as the last production of our 2017 season. This classic play tells the story of Eddie Carbone, who lives with his wife, Beatrice, and her orphaned niece, Catherine, in the Red Hook section of Brooklyn during the 1950s. His overprotective attitude toward Catherine becomes a growing passion as she reaches her 18th birthday. Beatrice's two cousins arrive from Italy as undocumented immigrants, and Eddie agrees to house them, but he becomes increasingly agitated about the relationship that he sees developing between one of the cousins and Catherine. Miller wrote that he got the basis of this story from a lawyer who worked with longshoremen and related it to Miller as a true story.

The play will be directed by Nick Sala and the cast includes John Garcia, Scott

Harwood, Thomas Losito, Paul Naclerio, Franca Ritacco, Nate Siregar and Eileen Sugameli. Performance dates will be the second and third weekend in November.

CITG was awarded a Community Arts Grant from the Bronx Council on the Arts for reaching into the community to promote a play involving the timely topic. The cast will perform a short scene from the show at the Huntington Free Library, 9 Westchester Square, on Saturday, Oct. 21, at 4 p.m. On Saturday, Nov. 4, at 4 p.m. a different scene will be presented at the City Island Nautical Museum, 190 Fordham Street. Both events will be followed by a short discussion and light refreshments. Admission to the events is free.

**Mary McIntyre**



## AARP Chapter 318

AARP 318 meets at Trinity Methodist Church Hall at 1 p.m. on the first and third Wednesdays of the month. On Oct. 4, we will have a Pizza Bingo Luncheon; the cost per person is \$10. The lunch (pizza, salad, soda, cake and coffee) begins at 12:30, followed by bingo. Each person will get 1 bingo card; extra cards will cost \$1 each. Come and enjoy a fun afternoon.

On Oct. 18, we will have our annual Penny Auction. The cost per person is \$10. Hot dogs, chips, soda, coffee and cake will be served. Bring donations to the church hall on Monday, Oct. 16, between 1 and 2 p.m. Helen Michaels will be there to accept them. Donations may also be brought at 9 a.m. on the day of the auction, which begins at 12 noon. The event is our big fundraiser, so come and bring friends.

**Rosetta Woods**

## American Legion Auxiliary

Veterans Day is Saturday, Nov. 11. We call on all Americans to thank veterans and let them know that their sacrifices are appreciated. Veterans Day is not about sales at the local retail mall. It's about honoring our heroes. Please support our veterans through our poppy program by making a donation and wearing the poppy with pride. The financial benefit realized by our nation's veterans as a result of poppy distribution is huge; nearly 3.5 million American Legion Auxiliary poppies were distributed by units last year, raising \$2.1 million for assisting our veterans and military families.

Congratulations to Joanne Valletta for her nomination as Unit Member of the Year and to Doreen G. Wall for her win on our Veterans 50/50 raffle.

The American Legion Auxiliary Unit 156 will be hosting a Fall Bake Sale on Saturday, Sept. 30, from 10 a.m. to 4 p.m. at the Leonard Hawkins Post. Donations are being accepted. Please stop by to purchase delicious homemade cakes, cookies and chocolates. For further information, please contact Ellen Lynch Patterson at [patters@estee.com](mailto:patters@estee.com).

Mark your calendars for our first Veteran's Pancake Breakfast on Sunday, Nov. 5, from 10 a.m. to 2 p.m. Veterans get free admission; the charge for nonveterans is \$10 and for children \$5. Please contact Joanne Valletta at 646-321-8902 or the Legion Post to make your reservation. We will be presenting the Quilts of Valor, and the Grace Tones will serenade our veterans. The new Legion calendars for 2018 are now on sale at \$20. They make great Christmas gifts, a gift that keeps on giving. Please stop by the Leonard Hawkins Post or contact Carol Mennona to purchase your calendar.

Membership dues are \$30 for 2018. Membership in the American Legion is based on a calendar year from Jan. 1 to Dec. 31. Members who pay dues are paid up for that membership year. They will also receive a 12-month subscription to the American Legion Magazine. Please submit your payment online or contact Doreen Gallagher Wall at [americanlegionmembership156@gmail.com](mailto:americanlegionmembership156@gmail.com).

**Laura Booth**

PS Form 3526  
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09/01/2017

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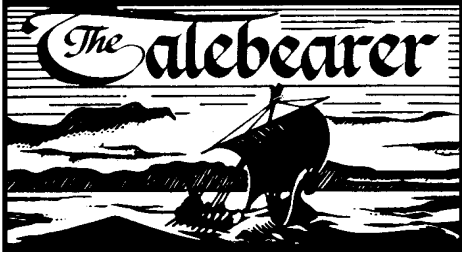
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**Melissa Anna Dzenis and Joshua Rene Garcia were wed on August 19.**

Best wishes for continued happiness to Mike and Amanda Libretto, who celebrate their anniversary on Oct. 1.

A big bunch of birthday wishes, hugs and kisses for our Sweet Scarlett, who turns four on Oct. 19, with love from Nonni and Pop Ribaud.

Best wishes for a lifetime of happiness to John Peters and Elizabeth DelGrosso, who were wed on July 1 at Holy Family Church in New Rochelle. A reception at the Mamaroneck Beach and Yacht Club followed.

Congratulations to City Islanders Cait and Richard O'Dwyer on their first wedding anniversary on Oct. 7.

Congratulations to Pilot Street residents Dave and Patti Hennessy on renewing their vows in the presence of Father Pat Rossi at St. Michael's Church. The happy couple is celebrating 32 years of marriage.

Happy birthday wishes across the miles to Sunjay Sebastian, who turns 31 on Oct. 29. We love you!

The families of Angela Acocella and Anthony Carrasquillo are very proud to announce their engagement. We wish you



**Elizabeth DelGrosso and John Peters were wed on July 1.**

love and happiness always, and may God be with you.

Happy 32nd anniversary on Oct. 12 to Bay Street's Maria and Bob Swieciki, with best wishes from the Iovieno and Swieciki families.

Birthday greetings to Mark Nani, who

turns 31 on Oct. 22.

Happy birthday wishes to our Little League "slugger" Joseph, who will be celebrating his ninth birthday on Oct. 24. Have fun! Lots of love from Grandma and Grandpa Penny.

Happy first anniversary to Sam (for-



**Gigi and Mike Lyons celebrated both their daughter's wedding and their 31st anniversary in August.**

merly of Ditmars Street) and Nicole Casey. Love, Mom, Dad, Clara and the whole family.

Minneford Avenue's Dr. Peter and Estrellita Dzenis are thrilled to announce the Aug. 19 marriage of their daughter Melissa Anna to Joshua Rene Garcia, the son of Rene Garcia and Elsa Casillas, at All Souls Church in Tannersville, NY. The happy couple met while both were students at Brown University.

Belated happy 31st anniversary to King Avenue's Gigi and Mike Lyons, who celebrated in August.

Wishing our friends and neighbors a happy and safe Halloween. See you at the parade!



Maria Swieciki

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